

**Day 11:**

**Remembrance said in the morning and evening**

يسم الله الذي لا يضرُّ مع اسمه شيءٌ في الأرض ولا في السماء وهو السميعُ  
العليم . (ثلاثاً)

Bismil-lahil-lathee la yadurru maAAas-mihi shay-on fil-ardi wala fis-sama-i  
wahuwas-sameeAAul-AAaleem. (three times).

‘In the name of All ah with whose name nothing is harmed on earth nor in the heavens  
and He is The All -Seeing, The All -Knowing.’(three times)