

Day 14:

MORNING AND EVENING DUAA

عن عيد الله بن مسعود، رضي الله عنه، قال كان النبي صلى الله عليه وسلم إذا أصبح قال: "أصبحنا وأصبح الملك لله، والحمد لله، لا إله إلا الله وحده لا شريك له، له الملك وله الحمد وهو على كل شيء قدير، رب أسألك خير ما هذا اليوم وخير ما بعده، وأعوذ بك من شر ما هذا اليوم وشر ما بعده، رب أعوذ بك من الكسل والهرم وسوء الكبر، أعوذ بك من عذاب في النار وعذاب في القبر". وإذا أمسى قال أيضا: "أمسينا وأمسى الملك لله...". (صحيح مسلم)

"ASS-BAHNA WA ASBAHAL MULKU LILLAH WAL HUMDU LILLAH, LA ILAHA ILLAL ALLAHU WAHDAHU LA SHARIKA LAH, LAHUL MULKU WAL HAMDU WA HUWA ALA KULLI SHAI-EN QADEER. RABBI ASS-ALUKA KHAIRA MA HAZAL YUMI WA KHAIRA MA BA'ADAHU, WA AOOZU BIKA MIN SHARRI MA HAZAL YUMI WA SHARRI MA BA'ADAHU. RABBI AOOZU BIKAMINAL KASSALI WAL HARAMI WA SOO'AL KIBAR, AOOZU BIKA MIN AZAABIN FIN NAARI WA AZAABIN FIL QABR".

Narrated by Abdullah bin Masood, RA, that when it's morning time, Prophet of Allah PBUH used to say:

"Morning entered upon us, while the whole kingdom coming in the hands of Allah, all praises are due to Allah, no God but Him, the One, no partners to Him, all authority, all praises are to Him while He's able of everything. My Lord! I beg from You! The best what is in this day, and the best whats coming afterwards, and I seek Your protection from the evil of what's in this day and what's coming afterwards, my Lord, I seek Your protection from getting lazy, from old age, and from the evil of arrogance, I seek Your protection from the punishment of hell and punishment of grave".

He PBUH, used to say the same at evening times: "Night came upon us while the whole kingdom is in the hands of Allah...".