

## Day 30

### Words said to multiply any (form of) Zikr

عن جويرية، أم المؤمنين رضي الله عنها أن النبي صلى الله عليه وسلم خرج من عندها يكرة حين صلى الصبح، وهي في مسجدها، ثم رجع بعد أن أضحى، وهي جالسة فيه، فقال: ما زلت اليوم على الحالة التي فارقتك عليها؟ قالت: نعم، فقال النبي صلى الله عليه وسلم: لقد قلت بعدك أربع كلمات ثلاث مرات لو وزنت بما قلت منذ اليوم لوزنتهن:

**"سبحان الله وبحمده**

**عدد خلقه، ورضى نفسه، وزنة عرشه، ومداد كلماته".**

(صحيح مسلم)

**SUB-HANA ALLAHI WA BI-HAM-DIHI**

**ADA-DA KHALQIH, WA RIZA NAF-SIH, WA ZINATA  
ARR-SHIH, WA MIDAA-DA KALIMAATIHI.**

Its reported that Prophet PBUH got out of Juwairya's room after he had performed morning prayers. She was staying at her place of worship. When he PBUH returned at forenoon and found her staying at it, he PBUH asked her: Were you still doing the same thing when I left you? She replied in the affirmative. The Prophet PBUH said: I have said four invocations thrice, which outweigh what you have uttered the whole day. They are:

*“Glory be to Allah and all praises are to Him, in a way that equals His creatures, attains His pleasure, and equivalent to the weight of His throne, and as equal as the ink/length of His words/attributes”.*